



CLASSIFICAÇÃO PRÉMIO MONTANHA MASCULINO CIRCUITO 2019

DORSAL	NOME	ESCALÃO	LOUSA	PALMELA	MAFRA	BELAS	LOURES	BARRIS	LAMPAS	LISBOA	MIRANTE	CANEÇAS	CASCAIS	TOTAL
202	LUIS FERNANDES	M2439	15	15	0	11	0	13	0	0	0	0	0	54
5059	PAULO GONÇALVES	M2439	0	3	8	0	7	7	0	6	15	0	0	46
5061	FERNANDO GOMES	M2439	0	11	13	0	11	0	0	9	0	0	0	44
87	JOSE GASPAR	M4044	0	0	0	0	0	15	0	15	0	0	0	30
201	VIRGILIO GOMES	M5054	9	8	0	9	0	0	0	0	0	0	0	26
98	PAULO SEQUEIRA	M4044	6	0	0	0	0	6	0	4	7	0	0	23
269	ALEXANDRE BLASQUES	M0023	13	6	0	0	0	0	0	0	0	0	0	19
5006	JORGE NABAIS	M2439	7	9	0	0	0	0	0	0	0	0	0	16
182	PEDRO GOMES	M2439	0	0	15	0	0	0	0	0	0	0	0	15
284	ROBERTO BAIÃO		0	0	0	15	0	0	0	0	0	0	0	15
43	LUIS FERREIRA	M2439	0	0	0	0	15	0	0	0	0	0	0	15
254	MIGUEL PIRES	M2439	0	13	0	0	0	0	0	0	0	0	0	13
265	PAULO MORAIS		0	0	0	13	0	0	0	0	0	0	0	13
77	LUIS GOES	M4044	0	0	0	0	13	0	0	0	0	0	0	13
162	RODRIGO NOIVO		0	0	0	8	0	0	0	5	0	0	0	13
215	ANDRE COSTA	M2439	0	0	0	0	0	0	0	13	0	0	0	13
5003	NUNO FERNANDES	M4044	0	0	0	0	0	0	0	0	13	0	0	13
375	LUIS SILVA	M2439	0	5	0	7	0	0	0	0	0	0	0	12
205	JOAO GINGA		0	0	0	4	0	0	0	8	0	0	0	12
203	BRUNO CASTRO	M2439	11	0	0	0	0	0	0	0	0	0	0	11
143	JOAO SILVA	M2439	0	0	11	0	0	0	0	0	0	0	0	11
66	VITOR CARVALHEIRA	M2439	0	0	0	0	0	11	0	0	0	0	0	11
241	GUILHERME GONÇALVES	M2439	0	0	0	0	0	0	0	11	0	0	0	11
25	FERNANDO BAPTISTA	M4549	0	0	0	0	0	0	0	0	11	0	0	11
5032	PAULO GOMES	M2439	0	0	0	0	6	0	0	0	4	0	0	10
98	GONÇALO CORREIA	M4044	0	0	9	0	0	0	0	0	0	0	0	9
115	LUIS PEREIRA	M2439	0	0	0	0	9	0	0	0	0	0	0	9
84	ROGERIO COSTA	M4044	0	0	0	0	0	9	0	0	0	0	0	9

5025	JOSE LOPES	M4549	0	0	0	0	4	0	0	0	5	0	0	9
54	DAVID GONÇALVES	M2439	0	0	0	0	0	0	0	0	9	0	0	9
240	LEONARDO LOUREIRO	M2439	8	0	0	0	0	0	0	0	0	0	0	8
5073	LUIS SILVA	M2439	0	0	0	0	0	8	0	0	0	0	0	8
70	LUIS CARDOSO	M4549	0	0	0	0	0	0	0	0	8	0	0	8
204	MANUEL SOUSA	M4549	0	7	0	0	0	0	0	0	0	0	0	7
106	PEDRO RIBEIRO	M4044	0	0	7	0	0	0	0	0	0	0	0	7
14	MARCOLINO VERISSIMO	M4549	0	0	0	0	0	0	0	7	0	0	0	7
69	FRANCISCO RODRIGUES	M4044	0	0	6	0	0	0	0	0	0	0	0	6
91	JOAO CORREIA		0	0	0	6	0	0	0	0	0	0	0	6
5027	PEDRO GRANADAS	M4044	0	0	0	0	3	3	0	0	0	0	0	6
6	ANTONIO PARDAL	M5054	0	0	0	0	0	0	0	0	6	0	0	6
185	MIGUEL RAMOS	M2439	5	0	0	0	0	0	0	0	0	0	0	5
161	BRUNO MAIA	M4044	0	0	5	0	0	0	0	0	0	0	0	5
290	LUIS SANTOS		0	0	0	5	0	0	0	0	0	0	0	5
94	ANTONIO INACIO	M5054	0	0	0	0	5	0	0	0	0	0	0	5
31	JOAQUIM PATO	M4549	0	0	0	0	0	5	0	0	0	0	0	5
139	BRUNO PONTES	M2439	4	0	0	0	0	0	0	0	0	0	0	4
38	TIAGO AMADO	M2439	0	4	0	0	0	0	0	0	0	0	0	4
132	JORGE PEDROSO	M4549	0	0	4	0	0	0	0	0	0	0	0	4
42	BRUNO TAVARES	M2439	0	0	0	0	0	4	0	0	0	0	0	4
231	CARLOS PASCOAL	M5054	3	0	0	0	0	0	0	0	0	0	0	3
147	PAULO JERONIMO	M4549	0	0	3	0	0	0	0	0	0	0	0	3
241	GONÇALO CARITA		0	0	0	3	0	0	0	0	0	0	0	3
202	LUIS COSTA	M4044	0	0	0	0	0	0	0	3	0	0	0	3
90	CARLOS MATIAS	M4044	0	0	0	0	0	0	0	0	3	0	0	3



CLASSIFICAÇÃO PRÉMIO MONTANHA FEMININO CIRCUITO 2019

DORSAL	NOME	ESCALÃO	LOUSA	PALMELA	MAFRA	BELAS	LOURES	BARRIS	LAMPAS	LISBOA	MIRANTE	CANEÇAS	CASCAIS	TOTAL
5007	RUTE MARTINS	F2439	13	11	6	9	11	13	0	9	11	0	0	83
5072	SALETE TAVARES	F4549	0	0	13	13	13	15	0	11	9	0	0	74
5038	PAULINE VIE	F0023	15	15	15	0	15	0	0	13	0	0	0	73
5031	INÊS PEIXOTO	F2439	7	0	0	0	8	11	0	5	7	0	0	38
265	VERA REIS	F4044	11	0	9	5	0	9	0	0	0	0	0	34
243	PALMIRA QUINHAMA	F4044	0	0	0	0	0	0	0	15	15	0	0	30
5063	ANA FERNANDES	F2439	0	0	5	3	9	0	0	0	6	0	0	23
169	INES MARQUES	F4044	0	0	8	0	5	5	0	0	3	0	0	21
143	CIDÁLIA MARTINS	F5054	9	0	0	7	0	0	0	0	0	0	0	16
161	TUXA NEGRI		0	0	0	15	0	0	0	0	0	0	0	15
66	CONCEIÇÃO ALVES	F5559	0	6	0	0	0	4	0	0	5	0	0	15
163	MARTA FONSECA	F2439	3	0	3	8	0	0	0	0	0	0	0	14
87	ESTELA SÃO MARTINHO	F2439	0	13	0	0	0	0	0	0	0	0	0	13
77	CRISTINA PONTE	F4549	0	0	0	0	0	0	0	0	13	0	0	13
160	MAFALDA MONIZ	F2439	0	0	0	6	0	0	0	6	0	0	0	12
99	CLAUDIA BATALHA	F4044	0	0	11	0	0	0	0	0	0	0	0	11
100	HELENA MADEIRA		0	0	0	11	0	0	0	0	0	0	0	11
46	REBECA BRANCO	F2439	0	0	0	0	7	0	0	0	4	0	0	11
409	AMELIA COSTA	F5054	0	9	0	0	0	0	0	0	0	0	0	9
193	JOANA PIRES	F4044	8	0	0	0	0	0	0	0	0	0	0	8
222	CARLA SANTOS	F5054	0	8	0	0	0	0	0	0	0	0	0	8
57	PATRICIA LOURENÇO	F4044	0	0	0	0	0	8	0	0	0	0	0	8
245	MARIANA BRUGGER	F2439	0	0	0	0	0	0	0	8	0	0	0	8
27	MELISSA BOENISCH	F2439	0	0	0	0	0	0	0	0	8	0	0	8
96	ANA CAMARINHA	F2439	0	7	0	0	0	0	0	0	0	0	0	7
167	RITA TEIXEIRA	F2439	0	0	7	0	0	0	0	0	0	0	0	7
68	GABRIELA GENOVA	F2439	0	0	0	0	0	7	0	0	0	0	0	7
180	LUISA ESPIRITO SANTO	F5054	0	0	0	0	0	0	0	7	0	0	0	7

127	EUGÉNIA MARTINS	F5054	6	0	0	0	0	0	0	0	0	0	0	0	6
1	CATARINA VIEIRA	F2439	0	0	0	0	6	0	0	0	0	0	0	0	6
65	SARA VELHO	F4044	0	0	0	0	0	6	0	0	0	0	0	0	6
101	SUSANA MORAIS	F4044	5	0	0	0	0	0	0	0	0	0	0	0	5
472	ADELINA TANGANHO	F4044	0	5	0	0	0	0	0	0	0	0	0	0	5
137	TÂNIA FREITAS	F2439	4	0	0	0	0	0	0	0	0	0	0	0	4
204	CARMEN HENRIQUES	F4044	0	4	0	0	0	0	0	0	0	0	0	0	4
70	ANA MARQUES	F2439	0	0	4	0	0	0	0	0	0	0	0	0	4
112	ISABEL RODRIGUES		0	0	0	4	0	0	0	0	0	0	0	0	4
68	MARIA CEU DUARTE	F5054	0	0	0	0	4	0	0	0	0	0	0	0	4
227	JOANA CASTRO	F2439	0	0	0	0	0	0	0	4	0	0	0	0	4
260	BARBARA SÁ MARQUES	F2439	0	3	0	0	0	0	0	0	0	0	0	0	3
54	ALEXANDRA SIMON	F4044	0	0	0	0	3	0	0	0	0	0	0	0	3
45	CLAUDIA SARAIVA	F4044	0	0	0	0	0	3	0	0	0	0	0	0	3
216	SUSANA PEREIRA	F4044	0	0	0	0	0	0	0	3	0	0	0	0	3



CIRCUITO CLASSIFICAÇÃO FINAL TRAIL CURTO GERAL MASCULINA

Nome	DORSAL	LOUSA	PALMELA	MAFRA	BELAS	LOURES	BARRIS	LAMPAS	LISBOA	MIRANTE	CANEÇAS	CASCAIS	TOTAL
PAULO FERREIRA	PNOVO	90	80	80	90	100	0	90	100	100	90	0	820
FERNANDO SANTOS	CPA	65	44	45	65	90	90	80	44	65	0	80	668
NUNO GOMES	5567	0	45	50	80	0	100	0	90	90	100	90	645
NUNO CAFÉ	5578	43	41	44	44	80	80	50	45	44	0	43	514
GONÇALO PRUDENCIO	5589	100	100	100	100	0	0	100	0	0	0	0	500
EMANUEL FREITAS	5559	44	50	43	50	65	0	45	65	50	80	0	492
JOSE COSTA	5515	42	43	38	43	44	42	39	43	42	50	45	471
LUIS PEREIRA	5519	50	65	65	0	0	0	65	80	80	0	65	470
ANTONIO ALMEIDA	5509	37	38	36	42	43	45	41	40	41	43	41	447
VASCO MIGUEL	5542	35	37	33	0	42	50	38	50	43	65	50	443
ALEXANDRE CANTANHEDE	CPA	40	40	42	33	45	65	43	42	0	44	42	436
AMERICO PEREIRA	5520	80	90	90	39	0	0	0	0	0	0	100	399
RUI CARNEIRO	5554	36	35	35	38	37	0	34	36	38	39	0	328
DAVID CALVO	5564	38	42	39	40	0	0	0	39	40	45	44	327
VITOR CANTO	5540	34	34	32	34	40	41	37	0	37	36	0	325
RICARDO LADISLAU	5516	0	31	34	0	41	44	36	0	35	33	40	294
FABIO RODRIGUES	5508	41	39	0	35	0	35	35	37	45	0	0	267
MARIO LOURENÇO	CPA	39	36	0	0	50	0	44	41	0	42	0	252
HELDER OLIVEIRA	5570	32	0	0	36	39	0	0	35	0	41	38	221
DUARTE RIBEIRO	5535	0	0	31	37	36	39	32	0	36	0	0	211
PAULO GONÇALVES	5571	0	0	0	0	31	40	33	0	32	35	39	210
TIAGO SILVA	5550	0	0	0	0	38	43	0	38	39	40	0	198
LUIS MARTINS	5574	0	32	0	32	0	38	0	34	0	32	0	168
PEDRO ALEIXO	5587	45	0	41	0	0	0	42	0	0	0	0	128
PEDRO ROSENDO	5531	0	0	0	31	32	0	0	31	31	0	0	125
BRUNO CARRIÇO	5590	0	0	40	45	0	0	40	0	0	0	0	125
JOAO MARQUES	5536	0	0	0	0	0	0	0	0	34	38	37	109
CARLOS FERREIRA	AUTO	0	0	0	0	0	37	0	0	0	31	36	104
ANTONIO CARMO	5524	0	0	0	0	0	31	0	0	0	34	35	100
LUIS RODRIGUES	5546	0	0	0	0	33	34	0	33	0	0	0	100
RICARDO MATIAS	5549	0	0	0	0	34	0	0	0	0	37	0	71
NUNO LOURENÇO	5548	0	0	37	0	0	0	0	32	0	0	0	69



**CIRCUITO CLASSIFICAÇÃO FINAL TRAIL CURTO
GERAL MASCULINA**

SAMUEL TEIXEIRA	5541	0	0	0	0	35	0	0	0	0	0	33	68
NUNO CODEÇO	5560	0	0	0	0	0	33	0	0	0	0	34	67
CARLOS LOPES	5576	31	33	0	0	0	0	0	0	0	0	0	64
ABEL COSTA	5514	0	0	0	41	0	0	0	0	0	0	0	41
JOAO REIS	5537	0	0	0	0	0	36	0	0	0	0	0	36
DIOGO SOARES	5580	0	0	0	0	0	0	0	0	33	0	0	33
GONÇALO CARDOSO	5504	0	0	0	0	0	0	0	0	0	0	32	32
FRANCISCO NOVERSA	5526	0	0	0	0	0	32	0	0	0	0	0	32
JOAQUIM GUERREIRO	5563	0	0	0	0	0	0	0	0	0	0	31	31
CARLOS PASCOA	IND	0	0	0	0	0	0	31	0	0	0	0	31



**CIRCUITO CLASSIFICAÇÃO FINAL TRAIL CURTO
GERAL FEMENINA**

Nome	DORSAL	LOUSA	PALMELA	MAFRA	BELAS	LOURES	BARRIS	LAMPAS	LISBOA	MIRANTE	CANEÇAS	CASCAIS	TOTAL
ANABELA CARVALHO	5575	100	100	100	100	100	100	100	100	100	100	100	1100
ALEXANDRA SILVA	5577	90	80	0	90	0	65	0	80	90	90	90	675
MARCIA CANTANHEDE	CPA	40	45	65	80	65	80	42	50	0	0	65	532
HELENA SECIO	5507	43	41	43	45	0	44	45	65	65	80	45	516
SANDRA OLIVEIRA	CPA	45	44	0	0	80	90	90	90	0	65	0	504
PATRICIA GERALDES	5562	50	50	45	65	44	45	65	44	45	0	50	503
ARLETE REGO	5568	0	65	50	0	45	50	80	45	80	0	80	495
ANA CANAVEIRA	5533	39	39	40	40	41	41	41	38	41	45	39	444
PATRICIA MONTEIRO	5510	44	42	42	43	0	42	43	42	50	50	44	442
MARIA ALMEIDA	5553	41	40	41	42	43	43	44	43	44	0	42	423
PATRICIA FALCÃO	5579	80	90	90	50	50	0	0	0	0	41	0	401
NIDIA FERREIRA	5573	0	37	36	34	36	40	39	41	39	44	37	383
ANA FERREIRA	5527	34	35	35	0	38	36	35	35	40	43	35	366
SOFIA CORDEIRO	5517	42	33	39	39	42	0	38	40	43	0	41	357
PAULA CARMO	5523	32	31	31	0	39	37	33	34	38	42	36	353
ANA SANTOS	5572	0	0	37	35	35	35	37	37	0	0	40	256
ANA RODRIGUES	5503	33	0	34	37	40	0	34	39	0	0	38	255
RITA MARQUES	5512	37	34	33	36	0	38	36	33	0	0	0	247
MARIA GOLINELLI	5556	35	36	38	0	0	39	40	0	42	0	0	230
MARINA AZEVEDO	5544	0	0	32	38	37	34	0	32	0	0	34	207
TANIA AZEVEDO	5581	0	43	0	44	90	0	0	0	0	0	0	177
ANA PASCOAL	5588	65	0	80	0	0	0	0	0	0	0	0	145
PAULA ORDONHO	5569	0	38	44	0	0	0	0	0	0	0	43	125
JOANA MONTEIRO	5565	36	0	0	0	0	0	50	0	0	0	0	86
SONIA RIGO	5584	0	0	0	41	0	0	0	0	0	40	0	81
RITA ALVES	5539	38	32	0	0	0	0	0	0	0	0	0	70
ANABELA GONÇALVES	5525	31	0	0	0	0	0	32	0	0	0	0	63
ANGELA SANTOS	5528	0	0	0	0	0	0	0	36	0	0	0	36

CIRCUITO CLASSIFICAÇÃO FINAL TRAIL CURTO
ESCALÃO 0023 MASCULINO

Nome	DORSAL	LOUSA	PALMELA	MAFRA	BELAS	LOURES	BARRIS	LAMPAS	LISBOA	MIRANTE	CANEÇAS	CASCAIS	TOTAL
MARTIM XAVIER	5583		0	0	0	100	0	0	0	0	100	0	200

**CIRCUITO CLASSIFICAÇÃO FINAL TRAIL CURTO
ESCALÃO 2439 FEMENINO**

Nome	DORSAL	LOUSA	PALMELA	MAFRA	BELAS	LOURES	BARRIS	LAMPAS	LISBOA	MIRANTE CANEÇAS	CASCAIS	TOTAL	
MARCIA CANTANHEDE	CPA	80	80	90	100	90	100	65	100	0	0	90	795
ARLETE REGO	5568	0	100	80	0	80	90	100	90	100	0	100	740
MARIA ALMEIDA	5553	90	50	50	80	65	80	80	80	90	0	65	730
ANA PASCOAL	5588	100	90	100	0	0	0	0	0	0	0	0	290
TANIA AZEVEDO	5581	0	65	0	90	100	0	0	0	0	0	0	255
PAULA ORDONHO	5569	0	45	65	0	0	0	0	0	0	0	80	190
JOANA MONTEIRO	5565	65	0	0	0	0	0	90	0	0	0	0	155
ANGELA SANTOS	5528	0	0	0	0	0	0	0	65	0	0	0	65

**CIRCUITO CLASSIFICAÇÃO FINAL TRAIL CURTO
ESCALÃO 4044 FEMENINO**

Nome	DORSAL	LOUSA	PALMELA	MAFRA	BELAS	LOURES	BARRIS	LAMPAS	LISBOA	MIRANTE	CANEÇAS	CASCAIS	TOTAL
PATRICIA MONTEIRO	5510	80	80	100	90	0	80	90	80	90	80	90	860
ALEXANDRA SILVA	5577	100	100	0	100	0	90	0	90	100	100	100	780
SANDRA OLIVEIRA	CPA	90	90	0	0	100	100	100	100	0	90	0	670
NIDIA FERREIRA	5573	45	65	80	45	80	65	80	65	65	0	80	670
SOFIA CORDEIRO	5517	65	45	90	65	90	0	65	50	80	0	0	550
RITA MARQUES	5512	50	50	65	50	0	50	50	45	0	0	0	360
SONIA RIJO	5584	0	0	0	80	0	0	0	0	0	65	0	145

**CIRCUITO CLASSIFICAÇÃO FINAL TRAIL CURTO
ESCALÃO 4549 FEMENINO**

Nome	DORSAL	LOUSA	PALMELA	MAFRA	BELAS	LOURES	BARRIS	LAMPAS	LISBOA	MIRANTE	CANEÇAS	CASCAIS	TOTAL
PATRICIA FALCÃO	5579	100	100	100	100	100	0	0	0	0	100	0	600
MARIA GOLINELLI	5556	80	90	0	0	0	100	100	0	100	0	0	470
RITA ALVES	5539	90	80	0	0	0	0	0	0	0	0	0	170
ANABELA GONÇALVES	5525	65	0	0	0	0	0	90	0	0	0	0	155

**CIRCUITO CLASSIFICAÇÃO FINAL TRAIL CURTO
ESCALÃO 5054 FEMENINO**

Nome	DORSAL	LOUSA	PALMELA	MAFRA	BELAS	LOURES	BARRIS	LAMPAS	LISBOA	MIRANTE	CANEÇAS	CASCAIS	TOTAL
PATRICIA GERALDES	5562	100	100	100	100	100	100	100	90	90	0	100	980
HELENA SECIO	5507	90	90	90	90	0	90	90	100	100	100	90	930
ANA CANAVEIRA	5533	80	80	80	80	90	80	80	80	80	90	65	885
ANA FERREIRA	5527	65	65	50	0	65	50	50	50	65	80	45	585
PAULA CARMO	5523	50	50	44	0	80	65	45	45	50	65	50	544
ANA SANTOS	5572	44	0	65	50	45	45	65	65	0	0	80	459
MARINA AZEVEDO	5544	45	45	45	65	50	44	0	44	0	0	44	382

**CIRCUITO CLASSIFICAÇÃO FINAL TRAIL CURTO
ESCALÃO 5559 FEMENINO**

Nome	DORSAL	LOUSA	PALMELA	MAFRA	BELAS	LOURES	BARRIS	LAMPAS	LISBOA	MIRANTE	CANEÇAS	CASCAIS	TOTAL
ANABELA CARVALHO	5575	100	100	100	100	100	100	100	100	100	100	100	1100
ANA RODRIGUES	5503	90	90	90	90	90	0	90	90	0	0	90	720



CIRCUITO CLASSIFICAÇÃO FINAL TRAIL LONGO GERAL MASCULINA

Nome	DORSAL	LOUSA	PALMELA	MAFRA	BELAS	LOURES	BARRIS	LAMPAS	LISBOA	MIRANTE	CANEÇAS	CASCAIS	TOTAL
PAULO GONÇALVES	5059	65	42	90	50	80	80	100	90	100	0	100	797
PAULO SERQUEIRA	KÇP	45	45	0	65	90	65	90	80	80	0	0	560
PAULO GOMES	5032	42	0	65	39	65	45	80	65	50	0	90	541
PEDRO GRANADAS	5027	43	43	80	45	45	50	45	40	41	0	35	467
CARLOS MATIAS	COA	41	40	0	38	43	43	65	45	45	0	44	404
JORGE NABAIS	5006	34	37	37	37	40	44	0	44	44	0	80	397
PEDRO VICENTE	5002	38	36	44	42	44	0	43	41	43	0	65	396
FERNANDO GOMES	5061	0	90	100	0	100	0	0	100	0	0	0	390
JOSE LOPES	5025	0	44	50	44	50	42	0	42	65	0	0	337
EDUARDO LUIS	5033	0	0	39	35	37	37	41	35	37	0	40	301
LUIS FERNANDES	5074	100	100	0	0	0	100	0	0	0	0	0	300
RUI CARDOSO	5000	0	0	42	34	41	41	44	0	40	0	43	285
ANTONIO SANTOS	5054	37	0	41	40	35	39	36	0	0	0	41	269
VIRGILIO GOMES	5069	80	80	0	100	0	0	0	0	0	0	0	260
RICARDO GANHÃO	5026	35	39	43	0	42	0	50	0	0	0	50	259
NUNO CESARIO	5046	33	35	45	36	39	0	0	43	0	0	0	231
BRUNO JORGE	5042	0	0	40	0	0	40	40	39	36	0	33	228
JORGE FERREIRA	5017	0	32	0	32	34	36	0	34	38	0	0	206
JOSE NUNES	5048	0	0	38	33	0	0	42	38	42	0	0	193
ISMAEL MAIATO	5016	31	0	34	0	0	0	35	0	39	0	45	184
FERNANDO CANDIDO	5021	0	0	0	0	31	31	34	33	0	0	36	165
XAVIER SOUSA	5043	39	41	0	41	38	0	0	0	0	0	0	159
LUIS SILVA	5073	0	65	0	0	0	90	0	0	0	0	0	155
NUNO FERNANDES	5003	0	0	0	0	0	0	0	50	90	0	0	140
RICARDO RODRIGUES	5039	0	0	0	0	0	0	37	0	34	0	37	108
RUI LUCIANO	5009	0	33	35	0	0	0	0	0	0	0	38	106
JOSE NUNES	5048	32	0	0	0	0	34	0	0	0	0	39	105
NUNO CORREIA	5029	0	0	0	0	0	33	39	31	0	0	0	103
DIOGO SOUSA	5036	0	0	36	0	0	32	0	0	35	0	0	103
BERNARDO DIAS	5030	0	31	31	0	0	38	0	0	0	0	0	100
MANUEL SOUSA	5070	50	50	0	0	0	0	0	0	0	0	0	100
TIAGO FERNANDES	5034	0	0	0	31	32	0	0	0	0	0	34	97



**CIRCUITO CLASSIFICAÇÃO FINAL TRAIL LONGO
GERAL MASCULINA**

LUIS FERNANDES	5068	0	0	0	90	0	0	0	0	0	0	0	90
BRUNO CASTRO	5071	90	0	0	0	0	0	0	0	0	0	0	90
RUI MARTINS	5064	44	0	0	43	0	0	0	0	0	0	0	87
LUIS SILVA	5067	0	0	0	80	0	0	0	0	0	0	0	80
BRUNO NEVES	5012	0	0	0	0	0	0	0	0	32	0	42	74
SERGIO NUNES	5035	0	0	0	0	0	35	38	0	0	0	0	73
RICARDO SANTOS	5047	0	0	0	0	36	0	0	37	0	0	0	73
EZEQUIEL OLIVEIRA	5052	0	0	33	0	0	0	0	36	0	0	0	69
BRUNO JACQUET	5014	0	0	0	0	0	0	32	0	33	0	0	65
JOSE BRÁS	5018	0	0	0	0	0	0	0	0	31	0	32	63
MAURO GONÇALVES	5008	40	0	0	0	0	0	0	0	0	0	0	40
PAULO COSTA	5041	0	38	0	0	0	0	0	0	0	0	0	38
RODRIGO TAVARES	CPA	36	0	0	0	0	0	0	0	0	0	0	36
RICARDO CARVALHO	5056	0	34	0	0	0	0	0	0	0	0	0	34
CARLOS FLORÊNCIA	5057	0	0	0	0	0	0	33	0	0	0	0	33
JOAO FERNANDES	5040	0	0	0	0	33	0	0	0	0	0	0	33
LUIS FERREIRA	5005	0	0	0	0	0	0	0	32	0	0	0	32
JOSE NETO	5051	0	0	32	0	0	0	0	0	0	0	0	32
PAULO RODRIGUES	5062	0	0	0	0	0	0	31	0	0	0	0	31

CIRCUITO CLASSIFICAÇÃO FINAL TRAIL LONGO
ESCALÃO 5559 MASCULINO

Nome	DORSAL	LOUSA	PALMELA	MAFRA	BELAS	LOURES	BARRIS	LAMPAS	LISBOA	MIRANTE	CANEÇAS	CASCAIS	TOTAL
JOSE BRÁS	5018	100	100	100	100	100	100	0	100	100	0	100	900

CIRCUITO CLASSIFICAÇÃO FINAL TRAIL LONGO
ESCALÃO 6099 MASCULINO

Nome	DORSAL	LOUSA	PALMELA	MAFRA	BELAS	LOURES	BARRIS	LAMPAS	LISBOA	MIRANTE	CANEÇAS	CASCAIS	TOTAL
MANUEL NEVES	5012	0	0	0	0	0	0	0	0	0	0	100	100

CIRCUITO CLASSIFICAÇÃO FINAL TRAIL LONGO
ESCALÃO 0023 FEMENINO

Nome	DORSAL	LOUSA	PALMELA	MAFRA	BELAS	LOURES	BARRIS	LAMPAS	LISBOA	MIRANTE	CANEÇAS	CASCAIS	TOTAL
PAULINE VIE	5038	100	100	100	0	100	0	0	100	0	0	0	500

**CIRCUITO CLASSIFICAÇÃO FINAL TRAIL LONGO
ESCALÃO 2439 FEMENINO**

Nome	DORSAL	LOUSA	PALMELA	MAFRA	BELAS	LOURES	BARRIS	LAMPAS	LISBOA	MIRANTE	CANEÇAS	CASCAIS	TOTAL
RUTE MARTINS	5007	100	100	100	100	100	100	100	100	100	0	100	1000
ANA FERNANDES	5063	90	0	90	90	90	0	0	0	90	0	90	540

**CIRCUITO CLASSIFICAÇÃO FINAL TRAIL LONGO
ESCALÃO 4044 FEMENINO**

Nome	DORSAL	LOUSA	PALMELA	MAFRA	BELAS	LOURES	BARRIS	LAMPAS	LISBOA	MIRANTE	CANEÇAS	CASCAIS	TOTAL
INES PEIXOTO	5031	0	0	90	0	100	100	100	100	100	0	90	680
NIDIA VALADARES	5053	0	90	80	0	90	80	90	90	90	0	0	610
VERA REIS	CPA	100	100	100	100	0	90	0	0	0	0	100	490

**CIRCUITO CLASSIFICAÇÃO FINAL TRAIL LONGO
ESCALÃO 4549 FEMENINO**

Nome	DORSAL	LOUSA	PALMELA	MAFRA	BELAS	LOURES	BARRIS	LAMPAS	LISBOA	MIRANTE	CANEÇAS	CASCAIS	TOTAL
SALETE TAVARES	5072	0	0	100	100	100	100	100	100	100	0	100	800

**CIRCUITO CLASSIFICAÇÃO FINAL TRAIL LONGO
ESCALÃO 5559 FEMENINO**

Nome	DORSAL	LOUSA	PALMELA	MAFRA	BELAS	LOURES	BARRIS	LAMPAS	LISBOA	MIRANTE	CANEÇAS	CASCAIS	TOTAL
GRAÇA ROLDÃO	5023	100	0	0	100	100	0	100	100	0	0		500