

# CERTIFICADO

TRAIL LONGO



PARABÉNS!

**NOME ATLETA**

**LUIS CARLOS ALMEIDA**

**TEMPO FINAL**

**03:33:32**

**GERAL**

**229º**

**ESCALÃO**

**37º**

**TEMPO CHIP**

**03:33:18**

**MÉDIA KM**

**00:09:42**



PROZIS



**2019**